

Leicestershire Firewalk

Thursday 7th November 2024

Terms & Conditions of Participation

For ease of reading, these terms and conditions are set out in a Q&A format. The answers make up the terms and conditions you commit to by registering for this event.

Is my registration fee refundable?

Once you have paid your registration fee this is not refundable under any circumstances. Should you be unable to make the event after registering, your place can be transferred to a family member or friend as long as they meet the participant criteria and the original participant confirms in writing to The Air Ambulance Service that they are happy to pass over their place and who they are passing it on to.

Is there a minimum sponsorship I have to raise to take part?

Yes, participants must fundraise £100 in sponsorship in addition to their registration fee before the date of the event to be allowed to participate on the day. This can be through an online fundraising page, via cheque, or bank transfer into our account. All your minimum sponsorship must be in by Monday 4th November 2024. With prior agreement, any shortfall can be paid by cash or card payment at the event before the Firewalk begins. If you are struggling to meet the target, please contact your local Community Fundraiser Julie Gray at Julie.gray@theairambulanceservice.org.uk

What support will I receive from the charity?

You will receive a fabulous fundraising pack in the post and whilst The Air Ambulance Service cannot take responsibility for your fundraising activities, you will be put in touch with your local Community Fundraiser who can answer any questions you have and support you with ideas and advice for raising money. After the event, you will receive a certificate and medal to wear with pride!

How do I send you my sponsorship money?

Full information will be provided after you have registered but you can do this via setting up an online fundraising page at [JustGiving.com](https://www.justgiving.com) or sending us offline donations via cheque, our website, or bank transfer.

Aside from fundraising, are there any other criteria people need to meet to take part?



Time 4 Change age restriction is 16+. There are also physical restrictions such as mobility issues. Time 4 Change has had many people walk who were pregnant, blind, have diabetes, stroke survivors, and many other conditions. None have been an issue. If you can walk, then you should manage a firewalk perfectly well. However, Time 4 Change always recommends, if in doubt, that you seek advice from your doctor beforehand – particularly if you have diabetes. Time 4 Change pride themselves on running safe and fun events so if on the day you are deemed unfit due to medical restrictions you will not be permitted to walk.

Participants must not be under the influence of alcohol or drugs. If Time 4 Change deems you unfit to walk due to either of these substances, you will not be able to take part in the firewalk.

At the event, every participant will be required to sign a legal disclaimer provided by Time 4 Change stating that they are aware of any possible risks and are entering into any activity of their own free will and volition. Failure to sign a disclaimer form will result in entry being refused with no right to refund. Please see a copy of this disclaimer at the end of these Terms and Conditions.

Who is Time 4 Change?

Time 4 Change are the third-party Firewalk experts whom we are enlisting the services of to run the Firewalk itself and the pre-walk training. The Air Ambulance Service is responsible for running the rest of the event outside of these two elements.

The Time 4 Change trainer, Cliff Mann, has three decades of experience in facilitating these events and a 100% safety record. Time 4 Change do not use any other trainers or contract any events out to other companies. All fire marshals, spotters, and other staff undergo adequate training and continued professional development.

None of your data will be passed to Time 4 Change outside of the legal disclaimer you complete for them on the day.

What training is provided before my Firewalk?

Time 4 Change will open the session with a training exercise. You will be trained by Cliff Mann, a qualified firewalk instructor with three decades of experience.

Do I need any specialist clothing or equipment?

There is no special clothing required. Casual, comfortable clothes are best. Please remember fires can be quite dirty and clothes may become ash-stained so don't wear your best clobber! Footwear needs to be easy to remove and will need to be replaced before going back indoors so a hand towel might be a good idea to wipe down your feet. Time 4 Change asks all attendees to bring flip-flops or something similar as without these, standing waiting for your turn to walk barefoot on the cold ground isn't comfortable. Nail varnish and toe rings do not need to be removed.



How do you ensure I'm kept safe?

As you'd expect, Time 4 Change and The Air Ambulance Service have conducted a full risk assessment for the event and will have mitigations for any risks identified in place. The training session provided by Time 4 Change before you take part in the Firewalk is key to your safety.

We will have trained first aiders and first aid kits on hand at the event and you are covered by both Time 4 Change and The Air Ambulance Service's public liability insurance.

What happens if the event is cancelled?

If we are unable to go ahead with the original event date, we will always look to postpone the event to a new date to which your registration fee and sponsorship money will be transferred.

What happens if I raise the sponsorship money but then can't attend on the day due to unforeseen circumstances?

Unfortunately, we will be unable to refund your registration fee. If we can do so, we will offer you the chance to transfer your place to another Firewalk event at a later date but this may not always be possible.

Your place can be transferred to a family member or friend as long as they meet the participant criteria and the original participant confirms in writing to The Air Ambulance Service that they are happy to pass over their place and who they are passing it on to.

As stated in the Fundraising Regulator's Code of Practice, if your sponsors have donated on the condition that you take part in the Firewalk then we must offer them a refund of their donations. If this is the case, please explain the situation to your sponsors and ask if any of them would like a refund. If they would please get in touch with the Charity as soon as possible to arrange this.

It will still be a condition of taking part on the day, that you and your substitute combined have raised £100 for the Charity in sponsorship.

What happens if I take part in the training session but then don't complete the Firewalk?

We can assure you that after the training you will be pumped up and ready to walk – the feeling is incredible! However, there is no pressure to complete the Firewalk and it is a completely personal choice.

In the event that you don't take part in the Firewalk after the training session has taken place your registration fee will be non-refundable and there will not be the opportunity to offer your place to a family member or friend. As stated in the Fundraising Regulator's Code of Practice, if your sponsors



have donated on the condition that you take part in the Firewalk then we must offer them a refund of their donations. If this is the case, please explain the situation to your sponsors and ask if any of them would like a refund. If they would please get in touch with the Charity as soon as possible to arrange this.

By registering for this event, you are accepting the Terms & Conditions detailed above. If you have any further questions that you would like to know the answers to before joining the team please do get in touch by emailing Julie.gray@theairambulanceservice.org.uk or calling 0300 3045 999.



PLEASE READ CAREFULLY

WARNING! IF YOU ATTEMPT TO WALK OVER HOT COALS UNDER THE INFLUENCE OF ALCOHOL OR OTHER PRESCRIBED OR NON-PRESCRIBED SUBSTANCES WHICH ADVERSELY AFFECT THE OPERATION OF YOUR NERVOUS SYSTEM, YOU WILL PROBABLY RECEIVE AN INJURY.

Note: Participation in the T4C Firewalking Seminar is entirely at the participant's own risk.

I understand that to walk across a bed of hot coals can be dangerous if the training and instruction I am given is not fully adhered to and that if I do not fully comply with the spoken words of the trainer I will be refused the opportunity to walk across hot coals.

Therefore I commit to follow and implement the training and instruction without any deviation. I also fully comprehend that at no time do I have to walk across hot coals. If I choose to do so it will be of my own free will and volition.

In consideration for my participation in this event and by endorsement below, I agree to release and hold harmless Cliff Mann and Time4Change, their agents, assistants, employees, independent contractors and co-sponsors for any liability whatsoever - any damage or injury, physical or mental, which I might incur as a result of my voluntary decision to walk across the bed of hot coals.

I acknowledge the fact that I am physically and mentally able to perform the physical aspects of walking across the bed of hot coals and the mental aspects of receiving and understanding the spoken words of the trainer.

I acknowledge that I have been given the opportunity to ask questions regarding any aspects of the Release contained herein, the training involved and the act of walking on hot coals and by signing below, I do acknowledge that I have carefully read and understood all aspects of the Release and agree to the terms in their entirety.

(Print Name) _____ (Signature) _____

(Date) _____ (Witnessed by) _____

(Email Address) _____